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Overview

The iGrow form is used to record Height and Weight findings for children. The form is accessed via the link in the C& F Generic folder and is also available in some service specific folders. The iGrow form can also be accessed via a link in some service specific forms.

Opening the iGrow Form

- Open the Child's record in RiO
- In the Navigation pane (right of the screen) open the Children's and Families Assessments folder
- Click the Children's & Families link

A list of available assessment forms will display on the left of the screen

- Select the C&F Generic folder
- Select the iGrow Height & Weight Assessment Form



The Igrow Height & Weight Assessment Form screen will display

Igrow Height & Weight Assessment Form						
Auto-Saved	Date/time	Created by	Locked/Concealed			
	2 February 2020 17:37	Andrea Grace				
	2 July 2019 17:36	Andrea Grace				
	14 December 2018 17:34	Andrea Grace				
	30 November 2018 17:33	Andrea Grace				
	15 October 2018 10:00	Andrea Grace				
	_					
		Create new				

Any previously completed iGrow forms will display in a list at the top of the screen



Completing the iGrow Height & Weight Form

Click Create new (bottom of screen)

The iGrow Height & Weight Assessment Form will display

grow Height & We	eight As	sessment Form
Client		SMITH, Baby - 2170191
Date/time		1 February 2021 09:00
Client Referral	v	Open Ref: (10 Dec 2018 09:00)CFHV Kings Heath - Broadmeadow HC (HEALTH VISITING)

Date/time:

est Care

Enter the date & time when you saw the child

Client Referral:

Select the referral to your team

THE FOLLOWING ENTRIES WILL BE SPECIFIC TO INDIVIDUAL CONTACTS					
Reason for Measurement	v	Routine Measurement Concerns National Screening			

- **Reason for Measurement:** Select the reason you are recording the child's measurement Allows you to continue to complete the form **Routine Measurement:** 0 Select a Notable Event from the drop-down list. Concerns: 0 This places a line marker on the growth chart National Screening: The Reason screening not performed new pick list will be displayed 0 Select the appropriate reason from the list.
- Record the Height (cm), Weight (kg) and Head Circumference (cm) and enter the Centile (if known) • in the boxes

Please note: Both the Centile and Zscore information can be found in the iGrow charts

1 Note/Info - Centile	Values	: - to be manually e	itere		
Height (cm)	v	85.1	Centile	v	25
Weight (kg)	v	5.2	Centile	v	25
Weight & Height History Charts					
Head Circumference (cm)	v		Centile	v	



Weight and Height History

• Click the Weight and Height History link (left above Head Circumference)

The **iGrow Patient Weight & Height History** window will open displaying a table of the child's previously recorded Height and Weight measurements

	iGrow Patient Weight & Height History	00 - ×	:	
	iGrow Patient Weight & Height History			
Run Time: 26 Feb 2021, 11:26	Logged in User: MowbrS01 (Sarah Mowbray)			
Pa	arameters: ClientID = 2170191 (Baby SMITH)			
	Record Count: 11 records returned			
Date Added	Height (cm)	Weight (kg)	~	
02 Feb 2021 17:39	76.00	8.60		
02 Feb 2021 17:40	80.00	10.00		
08 Feb 2021 12:23	48.00	2.20		
08 Feb 2021 12:24	50.00	2.50		
08 Feb 2021 12:24	52.00	4.00		
24 Feb 2021 08:06	28.00	1.60		
24 Feb 2021 08:06	29.00	1.70		
24 Feb 2021 08:06	33.00	1.70		
24 Feb 2021 08:06	44.00	1.90		
24 Feb 2021 08:07	46.00	2.00	~	
A F 1 2054 44 0F	A 70	0.00		
	Print Close			

At the bottom of the screen are **Print** and **Close** buttons

• Close the iGrow Patient Weight & Height History window by clicking the Close button or the X (top right)



iGrow Charts

• Click the Charts link (left above Head Circumference)

The iGrow Charts window will open displaying a table containing links to all the potentially available iGrow charts

	iGro	w Charts	0 0 × ×
	iG	row Charts	
Run Time: 26 Feb 2021, 11:28	RiO Instar	nce: UAT1 (Live) Logge	ed in User: MowbrS01 (Sarah Mowbray)
	Parameters: Client	D = 2170191 (Baby SMITH)	
	Record Count	t: 5 records returned	
	Height	Weight	Head
TERM	0-2 years	0-1 years	0-2 years
TERM	2-4 years	1-4 years	
TERM	4-20 years	4-20 years	
PRE-TERM	26-42 weeks	23-42 weeks	23-42 weeks
	Drint	Close	
	FILL	Close	

Click a <u>link</u> and the **iGrow chart** will open in a **new tab** (top of screen) •

1) (growlive.bhamcommu	nity.nhs.uk/api/igrowplu	gin.aspx?chart=5&dc 👻 🔒 🖒 Search	6 - 0	h ☆ ঞ
	on system and forow	Ari			
GROW	CHARTS A CH	II DS EVERY ST	FP		
CKOM -	VIAILIVA VI				
Baby SMITH	Η		Boys Ler	ngth 0-2 years	
Inique ID:	7200211656				
IHS Number:		96 - BOYS LENGTH (cm) 96 - 0-2 years	1 7 8 9 10 11 13 14 15 16 1 0 Age in months/overs		
ge: ate Of Birth:	2 Years, 4 Months	92		22 H	
st. Delivery Date:	02/11/2018	90		122-15	
est. Age Correction:	4 weeks	86		10- 10 50 - 11	
		82		N N	
leasurement		80		2.12	
ick here to view.		76		л л	
		Ēn		14 11	
		10 m	99999999	70	
		a ////			
		64 62 - 24 / / / /		E4 62	
		60 ////////////////////////////////////		£0 56	
		** \$ 1/3////			
		11 52 / 18 11 52 / 18		54	
		5-1 SD - //		50	
		21 1-4 6 • •	Age in months/ ² years		
		40 1 2 3 4 5	7 8 9 10 11 13 14 15 16	17 19 20 21 22 23 24 ⁴⁴	
		Print 🚔 Export 🛃			



Click on the chart to display it at a larger size ٠



- There are also buttons (bottom left) which allow you to Print or Export (download) the chart if 0 required
- Click CLOSE X (bottom right) to close this view 0

Remember, if a notable event has been recorded you would see a marker on the growth chart

When you have finished looking at the chart close the iGrow tab at the top of the screen .



The You have been redirected to iGrow... window will be open in RiO

• Close the You have been redirected to iGrow... window by clicking the X (top right)

You will be returned to the iGrow Height & Weight Assessment Form

Best Care



BMI and Zscore

🚺 Note/Info - BMI & Z score - to be manual entered from data viewable in iGrow							
BMI (Based on height and veight entered) 7.2 Zscore V							
Height	Centile	Weight	Centile	Head Circumference (cm)	Centile	BMI	Assessment Date
84.5	9	8.2	4			11.5	03/02/2021 11:18:00
80		10				15.6	02/02/2021 17:40:00
76		8.6				14.9	02/02/2020 17:37:00
52		4				14.8	02/07/2019 17:36:00
50		2.5				10	02/04/2019 17:36:00

• BMI: (Body Mass Index) enters automatically when the Height and Weight are both recorded

• **Zscore:** (standard deviation from the average median score) enter your manually calculated Zscore

Please note: Both the Centile and Zscore information can be found in the iGrow charts

The last 5 recorded measurements will display in a table below the BMI and Z score





Recording a First Form

The bottom section of the form only needs to be completed ONCE

RECORD THIS SE	CTION ONCE
E.D.D,Downs,Turners,Si Cell	ickle Yes
Choices for Specialist	Charts
🚺 Note/Info - EDD - re	cord for PREM babies only.
EDD (for Prem babies only)	V
Note/Info - Downs Y ensure Downs charts	'/N should only need to be recorded once - at point of first contact, expectation that this would s were used as appropriate.
Confirmed Diagnosis - Downs (Yes/No)	V
Confirmed Diagnosis - Turners (Yes/No)	v
Note/Info - Sickle Co ensure Downs charts	ell Y/N should only need to be recorded once - at point of first contact, expectation that this would s were used as appropriate.
Confirmed Diagnosis - Sickle Cell (Yes/No)	V V
Parental Heights for p	predicted value
Note/info - Parents predicted adult heig	height should only need to be recorded once - at point of first contact - required to calculate sht.
Mum's height (cm) Birth Details	V Dad's height V (cm)
	Sava Claar Cancal
	Save Clear Cancel

- EDD, Downs, Turners, Sickle Cell: Select Yes
 - o If the child is premature, has Downs, Turners or Sickle Cell, complete the relevant section
- Enter Mum's Height and Dad's Height in cm (if known)
- Click Save

Note: If you are completing the iGrow form as a sub form, the iGrow information will not be saved until the main form is saved





Recording Subsequent Forms

The bottom section of the form only needs to be completed ONCE

RECORD THIS SECTION	ON ONCE			
E.D.D,Downs,Turners,Sickle Cell	No			
Birth Details				
Actual Gestation	Est. Ge	station by Conceptio	n Date	
CF My Hearing CFSN Height and Weight Assessm	<u>ent</u>			
	Save	Clear	Cancel	

- EDD, Downs, Turners, Sickle Cell:
- ALWAYS select No

- Click Save
- Note: If you are completing the iGrow form as a sub form, the iGrow information will not be saved until the main form is saved

