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iGrow is used to monitor the height and weight of a child’s growth. This can be accessed as part of an Assessment form via the [Update iGrow – add new Height & Weight](#) hyperlink.

Alternatively, it can be accessed independently if required.

Locating iGrow form

Search for child’s record

Access the **Clinical Portal - Client’s View**

Locate **Navigation>Childrens & Families Assessments>Childrens & Families>Health Visitors**

- Click [Igrow Height & Weight Assessment Form](#)

Health Visitors	
	CFHV Batch Clinic Letters
	CFHV Visiting Core 21
	CFHV Adult 21
	CFHV Child 21
	CFHV Family Details 21
	CFHV Care Plan 21
	Safeguarding / Child Protection
	Igrow Height & Weight Assessment Form
	CF Dependency Link

If there has not been any previous heights & weights recorded, then a new form will display ready for you to use

Date/time	4 July 2023 15:32			
Client Referral	✓	Open Ref: (10 Jun 2021 00:00)CF HVEd - Bartley Green (HEALTH VISITING)		
THE FOLLOWING ENTRIES WILL BE SPECIFIC TO INDIVIDUAL CONTACTS				
Reason for Measurement	✓	Routine Measurement		
Note/Info - Centile Values – to be manually entered...				
Height (cm)	✓	<input type="text" value="6.2"/>	Centile	✓ <input type="text"/>
Weight (kg)	✓	<input type="text" value="6"/>	Centile	✓ <input type="text"/>
Weight & Height History				
Head Circumference (cm)	✓	<input type="text"/>	Centile	✓ <input type="text"/>

However, if previous height & weight forms have been completed then continue to create a new form

- Click [Create new](#)

Complete as required

You must manually enter the Centiles & Z score



Generating iGrow Report

- Click [Weight & Height History](#)

This generates a report format displaying any previous completed iGrow data

Continue down the form

The BMI will automatically calculate

Viewing Historical Measurements

Continuing to complete the form also displays the historical data in tabular format

Height	Centile	Weight	Centile	Head Circumference (cm)	Centile	BMI	Last Updated Date	Last Updated By
63		7.9				19.9	04 Jul 2023 15:43	PettiJ01
		7.7	Lorem				11 Dec 2021 14:08	KawesM01

- Click Save

