

Boot Camp Programme June/July 2026

Before attending Bootcamp, you MUST:

1. Review the programme with your team manager, not all staff are required to attend the full programme if they have been in post for an extended period.
2. Ensure all e-learning highlighted in **red**, listed below, is completed prior to Boot Camp commencing - **mandatory** before the practice sessions outlined in the programme. All other e-learning must be completed by the end of the programme, at your team managers discretion and oversight. All e-learning will be completed on site with protected time allocated.
3. Agree any lateness or early finishes with the facilitator on the day and ensure your Team Manager is notified.
4. Note the course runs from **9.30am to 3.30pm**. Please discuss working hours with your team manager in advance
5. Discuss and identify any reasonable adjustments required to support full participation with your team manager, notify facilitators in advance to minimise disruption on the day.
6. This is an investment in you and there is an expectation of full participation, professionalism, and mutual respect for other attendees and facilities is expected.
7. Ensure punctuality, report any concerns or issues immediately. Note that facilitators will escalate any concerns promptly to the Service Manager or Group Manager for resolution
8. **Enjoy the course.**

Times are approximate to support you and your team manager in planning:

1. Essentials of the foot at risk (1hr)
2. Essential of leg ulceration (1hr)
3. Dressing wounds (1hr)
4. Essentials of wound assessments (1hr)
5. Essentials of skin care (1hr)
6. Compression therapy (1hr) - Title – Lymphoedema
<https://bchceducation.co.uk/course/view.php?id=363>

7. Digital wound imaging (1 hr)
8. Essentials of pressure ulcer prevention - (1 hr)
9. Infection prevention and control (1hr)
10. Bed rail (1hr)
11. Medicine Management (1.5hr)
12. Bowel Care – (1hr)
13. Anatomy and Physiology (45mins)
14. Types of incontinence – 30 mins

15. Data Security (1hr)
16. Manual Handling Cat 3 (1 hr)
17. Clinical Record Keeping (1hr)
18. Bullying & Harassment (1hr)
19. Conflict Resolution (1hr)
20. Oliver McGowan (1.5hr)
21. Equality & Diversity (30mins)
22. Health & Safety (1hr)
23. Fire (1hr)

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BOOTCAMP WEEK 1		
Time	Day 1 Monday 1 st June <i>Seminar room, MHH</i>	Day 2 Wednesday 3 rd June Bernie to confirm room
Start 9.30am	<p>09.30– 10.00 Welcome to Adult Community Services. Natasha Jones Meet Senior team SCM/GCM Planned/unplanned, EICT. Tabitha/Lesley</p> <p>10.00-11.00 Intro to course Social media policy, Professionalism and Values in action, social media NMC Professionalism videos. Marie Henson</p>	<p>(Wound Wednesday)</p> <p>Anatomy & Physiology</p>
Lunch: 12.00 – 12.30		
	<p>10.00-12.00 Social media policy, Professionalism and Values in action, social media NMC Professionalism videos.</p> <p>Marie Henson</p>	<p>Types of Wounds Wound healing trajectory</p>
	<p>Medicines Management Joanna Parry</p>	<p>Simple & complex wounds Hard to heal wounds Wound hygiene) Wound management guidance</p>
	<p>13.30 - 14.30 Clinical Supervision and the role of the PNA - Clinical rounds - Handover/safety Huddles Gail Gray</p>	<p>Sepsis and Infection</p> <p>Foot Management - Podiatry - Mandy Cadge -</p>
Finish 3.30pm		

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Bootcamp Week 2					
Time	Day 1 Monday 8 th June Training room 105	Day 2 Tuesday 9 th June Lecture theatre	Day 3 Wednesday 10 th June Bernie to confirm room	Day 4 Thursday 11 th June Seminar room	Day 5 Friday 12 th June Training room 105
Start 9.30 am	DIABETES DAY 1 What is Diabetes? - Classification of Diabetes Blood glucose & Ketone monitoring Diabetes Emergencies- Hypoglycaemia/ hyperglycaemia	Dietetics 9.30- 12MD Buried bumper Food booster Supplements referrals Matthew Keogh	(Wound Wednesday) Pressure Ulcer Prevention Purpose T	Chronic Kidney Disease - CKD/AKI e-learning - Brief overview of A&P Prevalence Causes & Symptoms of CKD CKD Assessment	TV – CLINICAL SKILLS Leanne and Anita
Lunch 12.00 -12.30pm					
	Angela Thomas - Diabetes Complications & annual review	MUST/Hydration NG PEG/RIG Gastrostomy tube Matthew Keogh	Equipment Categorisation & MASD	Hydration and Acute Kidney Injury awareness Marivic – CKD team	TV – CLINICAL SKILLS
	As above	DIABETES DAY 2 All you need to know about Insulin Learning From Insulin Incidents When to escalate- case studies Documentation/ insulin care plan	12.30 – 13.45 Reporting (Datix, PSIRF) – Paulina	12.30 – 13.30 IPC – Simona Stelian Essential Care framework – marie	Smith & Nephew Negative Pressure Wound Therapy session
	Diabetes Essential to role: Diabetes-Hypoglycaemia Diabetes- Six steps to Insulin Safety Diabetes foot screening	Practical session- Insulin pen devices/ injection technique.	Wound Care Formulary - Wound dressings	13.30 – 15.30 BLS Jacqueline	As above
Finish 3.30pm					

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Bootcamp week 3					
Time	Day 1 Monday 15 th June Seminar Room	Day 2 Tuesday 16 th June	Day 3 Wednesday 17 th June	Day 3 Thursday 18 th June Lecture Theatre	Day 4 Friday 19 th June Training Room 105
Start 9.30am	Palliative - day 1 Introduction to palliative care What is it, why it matters and who is it for ? Identifying the deteriorating patient -last month, weeks, days Palliative team: Sylvia Ferron + Kirsty Hodson	Normal working day	Normal working day	Palliative care day 2 Care of the dying person and symptoms at End of life Palliative team: Jane Gardiner + Fran Moffat	TV DAY Lower Limb Management Kirsty and Lynne
	Difficult conversations What is: MASC, SCP, RESPECT			Practical advice mouth care/continence referral to other agencies (CHC)	Lymphoedema 12.00 - Vascular Assessment & Management
LUNCH 12.00 – 12.30					
	Practical session Neria guard + Syringe driver			Symptom management/pain assessment	PRACTICAL - ABPI
	Group Interactive work			Bereavement/ Case studies/ reflection/Summary	PRACTICAL - ABPI
Finish 3.30pm					

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Bootcamp Week 4						
Time	Day 1 Monday 22 nd June <i>Lecture theatre</i>	Day 2 Tuesday 23 rd June <i>Training room 105</i>	Day 3 Wednesday 24 th June <i>Lecture theatre</i>	Day 4 Thursday 25 th June <i>Training room 105</i>	Day 5 Friday 26 th June	
Start 9.30am	Bladder and Bowel day 1 Bladder Overview Bladder A&P Continence assessments and Urinalysis	Bladder and Bowel day 2 Bowel Overview Bowel A&P Bowel Assessment	Tissue Viability Day Compression Therapy <i>Diane and Lynne</i>	Bladder and Bowel day Extra time to practice Completion of Abena online access form	Normal working day	
	Urinalysis Group work Containment products/Abena System Alternative products Bladder Scanning Overview – Wayne Collins	Bristol Stool Group work Bowel care and irrigation (Bowel products) Autonomic Dysreflexia	Compression Wraps	Clinical Skills day Bowel Competency Trans Anal Irrigation Stoma Care		
Lunch 12.00 -12.30pm						
	Catheter Care Care plans/Catheter passport	Medications for bladder and bowel	PRACTICAL	Catheter Competency Catheter Maintenance		
	DN Guide Haematuria and FAQ	Questions and Answers	PRACTICAL	Bladder scanning Sheaths Extra time to practice Completion of Abena online access form Feedback		
Finish 3.30pm						

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Bootcamp Week 5					
Time	Day 1 Monday 29 th June Seminar room	Day 2 Tuesday 30 th June Training room 105	Day 3 Wednesday 1 st July	Day 4 Thursday 2 nd July Training room 105	Day 5 Friday 3 rd July
Starts 9.30am	09.30 – 11.00 Introduction to: - EICT and Therapy Hub – Victoria Egere + Sarah Moore	09.30 – 12.00 Relevant policies/ Procedures/SOP,Lone Working and Home checklists - Missing Person process, Datix (missing records). Lucia Riley + Michelle Lucas	Normal working day	9.30-10am- Patient Experience Alex Evans 10am – 11.30 EPR – Jacqueline Young/Jule Allison Holistic Assessment & care planning - Bhap Guru 11.30 – 3.30pm - Risk assessments - Manual handling assessment hydration tool	Normal working day
	11.00 - 12.MD Quality Improvement/QI huddles - LFE Clare Cooksey conf	Self-Care Model -Pressure prevention -management of incontinence -Insulin kits -Eye care box Lucia riley + Michelle lucas		care planning continued insulin care plan <i>(library app)</i>	
Lunch 12.00 -12.30pm					
	12.30 – 13.30 Prevention of harm Safety Thermometer ECI patient safety team conf	12.30 – 15.30 Safeguarding -Mental Capacity -Self neglect risk assessment -cold homes/poverty -LeDeR Cathy Knox			
	13.30 – 1400 PleurX. Munpreet Panesar conf 14.00 – 15.30 Dementia friends session Terry Cheung	Mental Capacity Safeguarding Adults and children Cathy Knox		FRAM - FRAILITY Bhap Guru	

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Finish 3.30pm