

Oct/Nov BootCamp Programme 2025

BOOTCAMP WEEK 1 W/C 6 th Oct					
Time	Day 1 mon 6th October <i>Lecture theatre, MHH</i>	Day 2 Tue 7th October E-learning to be completed in team	Day 3 Wed 8 th October <i>Lecture Theatre MHH</i>	Day 4 Thu 9 th October <i>Seminar room MHH</i>	Day 5 Frid 10th October E-learning to be completed in team
Start 9.30am	09.30–10.30 Welcome to Adult Community Services. Natasha Jones Meet Senior team SCM/GCM Planned/unplanned, EICT. Tabitha/Lesley	E-Learning Oliver McGowan (1.5hr) E-Learning	(Wound Wednesday) Anatomy & Physiology	09.00 – 10.30 - Social media policy, Professionalism and Values in action, social media NMC Professionalism videos. Marie henson conf	Introduction to team and Mentor - to go through Band 2-7 induction checklist E-Learning Essentials of skin care (1hr)
Break: 10.30- 10.45					
	10.45 – 12.30 Intro to course Marie henson	E-Learning Essentials of the foot at risk (1 hr) Essentials of leg ulceration (1hr)	Types of Wounds Wound healing trajectory	10.45- 12.30 Relevant policies/ Procedures/SOP, Lone Working and Home checklists - Missing Person process, Datix (missing records). Lucia riley + Michelle lucas conf	E-Learning Compression therapy (1hr) Title - Lymphoedema https://bchceducation.co.uk/course/view.php?id=363
Lunch: 12.30 – 1.30					
	1.30-3pm EPR – Amy Allen	E-Learning - Dressing wounds (1 hr)	Simple & complex wounds Hard to heal wounds Wound hygiene) Wound management guidance	Clinical Supervision and the role of the PNA - Clinical rounds - Handover/safety Huddles Gail gray	E-Learning Digital wound imaging 1 hr
Break: 2.45- 3pm					
	Finish at 3pm	E-Learning Essentials of wound assessment (1 hr)	Sepsis and Infection Foot Management - Podiatry - Mandy Cadge - conf	3-4.30pm BLS – practical (X 4 slots) Liam Myrie conf	E-Learning Essentials of pressure ulcer prevention - (1 hr)
Finish 4.00pm					

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			BOOTCAMP WEEK 2		
Time	Day 1 13 th October <i>Lecture theatre, MHH</i>	Day 2 14 th October <i>Lecture theatre, MHH</i>	Day 3 15 th October <i>Lecture theatre, MHH</i>	Day 4 16 th October <i>Training room 105, MHH</i>	Day 5 17 th October <i>Lecture theatre, MHH</i>
Start 9.30am	DIABETES DAY 1 What is Diabetes? - Classification of Diabetes Blood glucose & Ketone monitoring Diabetes Emergencies- Hypoglycaemia/ hyperglycaemia conf	Dietetics Buried bumper Food booster Supplements referrals	(Wound Wednesday) Pressure Ulcer Prevention Purpose T	Safeguarding -Mental Capacity -Self neglect risk assessment -cold homes/poverty -LeDeR Cathy knox conf	TV – CLINICAL SKILLS
Break 10.30-10.45					
		MUST/Hydration NG PEG/RIG Gastrostomy tube conf Matthew Keogh	Equipment Categorisation & MASD	Mental Capacity (2 hr) Safeguarding Adults and children (2hr) Cathy knox conf	TV – CLINICAL SKILLS
Lunch 12.30 -1.30pm					
	Diabetes Complications & annual review	FREE SLOT	Reporting (Datix, PSIRF) – Paulina conf	DIABETES DAY 2 All you need to know about Insulin Learning From Insulin Incidents When to escalate- case studies Documentation/insulin care plan conf	Smith & Nephew Negative Pressure Wound Therapy session
Break 2.45pm-3.00pm					
	Diabetes Essential to role: Diabetes- Hypoglycaemia Diabetes- Six steps to Insulin Safety Diabetes foot screening	FREE SLOT	Wound Care Formulary - Wound dressings	Practical session- Insulin pen devices/ injection technique.	As above
Finish 4.00pm					

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	BOOTCAMP WEEK 3				
Time	Day 1 20 th October <i>Seminar room, MHH</i>	Day 2 21 st October <i>Seminar room, MHH</i>	Day 3 22 nd October <i>Seminar room, MHH</i>	Day 4 23 rd October E-learning to be completed in team	Day 5 24 th October <i>training room 105, MHH</i>
Start 9.30am	Palliative - day 1 Introduction to palliative care What is it, why it matters and who is it for ? Identifying the deteriorating patient -last month, weeks, days	Personal Care Plan Day - Risk assessments - Manual handling assessment - hydration tool Bhap Guru	(Wound Wednesdays) Lower limb management	E-Learning Infection prevention and control (1hr) - Bullying and harassment (1 hr)	TV DAY Lower Limb Management
	Difficult conversations What is: MASC, SCP, RESPECT	Personalised care plan continued insulin care plan		Clinical record keeping (1 hr)	Lymphoedema 12.00 - Vascular Assessment & Management
Lunch 12.30 - 1.30pm					
	Practical session Neria guard + Syringe driver	1 – 1.45, <i>PleurX</i> . Munpreet Panesar conf	1.30 – 2.45 'Forward carers' - conf	Manual Handling Cat 3 (1 hr)	PRACTICAL - ABPI
		Break 2.45pm-3.00pm			
	Group Interactive work	- FRAM - FRAILTY Bhap Guru	3pm – 4pm Patient Experience Alex Evans conf	Bullying and harassment (1 hr) Data security (1hr)	PRACTICAL - ABPI
Finish 4.00pm					

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			BOOTCAMP WEEK 4		
Time	Day 1 3 rd nov <i>Seminar room, MHH</i>	Day 2 4 th nov <i>Training room 105, MHH</i>	Day 3 5 th nov E-Learning day <i>E-learning to be completed in team</i>	Day 4 6 th nov <i>Lecture theatre, MHH</i>	Day 5 7 th nov <i>Lecture theatre, MHH</i>
Start 9.30am	Palliative care day 2 Care of the dying person and symptoms at End of life Palliative team: jane gardiner, sylvia ferron	09.00- 10.30 Dementia friends session (1.5hr) Terry Cheung conf	Bowel Care – 1 hour Anatomy and Physiology – 45mins Types of incontinence – 30 mins E-Learning	TV DAY Compression Therapy	Medicines Management -Trust documentation -Policies/procedures -Pharmacy supplies -SOP's -Safety needles Joanna Parry 09-00 – 10.30 conf
Break 10.30am-10.45am					
	Practical advice mouth care/continence referral to other agencies (CHC)	10.45 – 12.15 Prevention of harm Safety Thermometer ECI patient safety team conf	'Medicines management (1.5 hr) E-Learning	11.30 - Compression Wraps	Chronic Kidney Disease - CKD/AKI e-learning - Brief overview of A&P Prevalence Causes & Symptoms of CKD CKD Assessment
Lunch 12.30 -1.30pm					
	Symptom management/pain assessment	13.00 – 14.30 NEWS2 and Sepsis - Identifying the deteriorating patient. Bhap Guru	Clinical in team or if time needed to complete elearning	PRACTICAL	Hydration and Acute Kidney Injury awareness Marivic – CKD team conf
Break 2.45pm-3.00pm					
Finish 4pm	Bereavement/ Case studies/ reflection/Summary	Self-Care Model -Pressure prevention -management of incontinence -Insulin kits -Eye care box Lisa Kennedy - TBC	Clinical in team or if time needed to complete elearning discuss with Team Manager	PRACTICAL	As Above

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BOOTCAMP - WEEK5

Time	Day 1 10 th nov <i>Lecture theatre, MHH</i> Bladder and Bowel day 1	Day 2 11 th nov <i>Lecture theatre, MHH</i> Bladder and Bowel day 2	Day 3 12 th nov <i>Lecture theatre, MHH</i> Bladder and Bowel day 3 Clinical Skills day	Day 4 13 th nov <i>Lecture theatre, MHH</i>	Day 5 14 th nov E-Learning day E-learning to be completed in team
Starts 9.30am	Bladder Overview Bladder A&P Continence assessments and Urinalysis conf	Bowel Overview Bowel A&P Bowel Assessment conf	Bowel Competency Trans Anal Irrigation Stoma Care conf	09.00 – 10.00 Introduction to: - EICT and Therapy Hub – Genoline Jeyasehar	Conflict resolution (1 hr)
Break 10.30am-10.45am					
	Urinalysis Group work Containment products/Abena System Alternative products Bladder Scanning Overview – Wayne Collins	Bristol Stool Group work Bowel care and irrigation (Bowel products) Autonomic Dysreflexia	Catheter Competency Catheter Maintenance	10.15 am – 11.15am Essential Care framework Marie Henson 11.15- 12.30 Quality Improvement/QI huddles - LFE Clare Cooksey conf	Equality and diversity (30mins) - Bed rail e-learning (1hr)
Lunch 12.30 -1.30pm					
	Catheter Care Care plans/Catheter passport	Medications for bladder and bowel	Bladder Scanning Sheaths	1.30 - 4.30pm BLS – practical Liam Myrie conf	- Bullying and harassment (1 hr)
Break 2.45pm-3.00pm					
	DN Guide Haematuria and FAQ	Questions and Answers	Extra time to practice Completion of Abena online access form Feedback		Health and safety (1 hr) Fire (1hr)
Finish 4.00pm					

Evidence of e-learning has to be provided from the e-learning session. The Team Manager will sign a commitment to support that the staff will be on an e-learning day and that they will not be working clinically on these protected days and sessions.